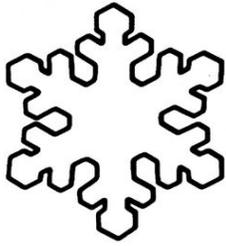


Heating and Cooling Tips

•Air conditioning has the greatest impact on your electric bill, so paying attention to AC use can save a lot of cash.



•A digital thermostat or programmable thermostat can help save heating and cooling costs.

•When cooling, set the thermostat no lower than 78 degrees when home, and turn off the system when gone.

•When heating set the thermostat no higher than 68 degrees when you are at home and turn it off or 10 to 15 degrees lower when gone.

•Use fans for comfort but only when someone is in the room. Set ceiling fan blades to blow down in the summer and blow up in the winter.

•Set AC and water heater to “vacation mode” when leaving the house for more than three days.

•Shade windows that get direct sunshine in the summer (saves 10-25% of cooling bill).

•Plant trees to shade the windows and roof.



Electricity Saving Tips

•Plug home electronics, such as TVs and DVD players into power strips; turn the power strips off when the equipment is not in use. Electronics in standby mode still use several watts of power called “phantom loads”.



•Turn off your computer and monitor when it is not in use.

•Turn off lights when not in the room.

•Line-dry clothes instead of using the clothes dryer.

•Keep the refrigerator and freezer full; use water bottles if necessary to help “hold” cold inside.

•Turn it off, turn it off, turn it off! Whenever possible, do not use electricity.

Water Saving Tips

•Turn off water while brush teeth and washing hands. This can save 200 gal/week for a family of four.

•Take showers instead of baths, and limit water running time to 5 minutes per shower. This can save 1000 gal/month.

•Install low-flow shower heads and aerators.

•Use a dish washing machine instead of hand washing- but only run the dish washer if there is a full load of dishes.

•Use cold water instead of hot for dish and clothes washing- detergents will sterilize for you without hot water.

•If you must water your lawn or garden, do so only before 10 a.m. or after 4 p.m. Do not water lawn more than two times a week .

